

Hawks Away From Home

by **Hollyanne Pronko, Student Body President**

With Thanksgiving break quickly approaching, many Saint Joseph's students are making plans to visit their families and friends back in their hometowns. However, here at Saint Joseph's, there is a rising population of international students who cannot simply pack up and leave for short breaks. These students remain on campus during these breaks - but we're asking YOU to change that.

Hawks Away from Home is a program sponsored by the University Student Senate that aims to provide our international students with an opportunity to experience American culture first-

hand. We hope to do this by pairing an international student with an American family to arrange for visits over short breaks, or even just for dinner. The intensity of the relationship between the host family and the international student is completely up to both parties involved, and all details will be worked out before beginning the program.

If you are interested in learning more about Hawks Away from Home, please contact the University Student Senate at USS@sju.edu or (610) 660-1075.

Trick or Treat

by **Natalie Petyk, Psy.D •The Counseling Center•610-660-1090•npetyk@sju.edu**



Gone are the days of making Halloween costumes for your children and no longer do you see such an intense anticipation of the night as you did when they were younger. This doesn't mean however, that you still won't see your student in "costume" over fall break. Dressing up, wearing masks, and hiding behind façades are all great metaphors for this stage in your student's identity development; a stage that involves consolidating a sense of self, who you are and what you stand for, through a period of personal searching and exploration. This may not sound like a new process to some parents, as it likely occurred in middle-school or junior high, except that now it is happening with bigger ticket items, such as trying to define an occupational path, spiritual beliefs, political philosophies, and other core personal values – all happening while your student is away at school.

As a student tries on these "masks" the eventual goal is a genuine and comfortable fit, but initially the mask may be itchy, hot and uncomfortable. Your student may even feel self-conscious when different masks seem to

conflict- Can one be a clown, focused on making people laugh and having a good time one day and Bat Man, trying to assert oneself and eradicate injustices, the next day? Of course they can, but feeling the inconsistency or like an imposter can bring up some anxiety in your student. Your job as parents is to approach your student as you would a "trick or treater." Open the door, notice the costumes, and approach them with curiosity and questions. Even in the face of what may seem like a new or unfamiliar mask, it is better for your student to try it on and get feedback from the world than be demanded to take it off. It may be a relief for your student to talk about the discrepancies they are feeling. Rather than shutting off your porch lights and bringing in the candy bowl, when an unfamiliar mask comes up your block, stay open for business and get to know the character, you may find some beauty behind the beast.

2008 Flu Shots

Student Health Center•Sourin Hall•610-660-1175

Every year the flu is responsible for more than 200,000 hospitalizations in America. The flu is second only to stress as a cause of students withdrawing from class. The Center for Disease Control encourages students and those who reside in residence halls and other institutional settings to get vaccinated to lower the rate of disease and to lessen the disruption of routine activities.

Flu shots will be given to students in the Student Health Center (Sourin Hall) between the hours of 1-4 pm daily beginning 10/13/08. Cost for students- \$10.00 (cash or check made payable to Saint Joseph's University or you can abbreviate SJU).

Cap & Bells

Dramatic Arts Society, Bluett Theatre
56th and Overbrook•610-660-1181

Oct. 30 – Nov. 9, 2008

ROMEO & JULIET

by **William Shakespeare**

Directed by Renee Dobson

Fight Direction by Kenrick Burkholder

Show Times:

Thursday, Oct 30 - 8pm

Friday, Oct 31 - 8pm

Saturday, Nov 1 - 8pm

Friday, Nov 7 - 8pm

Saturday, Nov 8 - 8pm

Sunday, Nov 9 - 2pm (Matinee)

Shakespeare's beloved tragedy about star-crossed lovers is performed for the first time on the Bluett Theatre stage. With a running time of under two hours, this is a perfect event for the entire family. Come enjoy dashing swordplay, passionate embraces and, of course, the brilliant poetry of William Shakespeare.

Ticket Prices:

General Admission: \$16

Students: \$8

Senior Citizens: \$8

Children under 12: \$5

Group Rates are available for parties of 10 or more

Tickets and Reservations can be purchased on-line by visiting www.sju.edu/capandbells

Off Campus Housing

212 Campion Hall • 610-660-1003

Sophomores and Juniors are currently considering housing options for next year. By this time students have visited off campus friends and are eager to start the process of finding their own housing. The Off Campus Housing office receives and disseminates information about housing in the community and can help students find housing suitable to their individual needs.

We encourage all students to contact the Office of Off-Campus Housing first before making the move off campus. There are a variety of issues that must be considered. It is essential to take the time to learn about the area and visit each location. Students also need to consider roommate selection and the financial compatibility of the individuals sharing the apartment. What is included in the rent? What type of lease should be signed? Often, students have signed lease agreements without reading them thoroughly or neglected to notify landlords that they would be vacating at a certain point. This resulted in financial and legal problems. While the Off Campus Housing office does not give legal advice, or recommend specific off campus sites, we can provide you with a variety of resources to answer the more complex questions.

Many students are interested in renting single family homes. While it may be tempting to consider, a house has far more responsibilities than living in an apartment. Students must contend with issues like leaf and trash collection, mowing the lawn, snow removal, parking rules, and zoning ordinances. They may face issues such as a broken water heater or furnace due to an out-of-state landlord. From a safety standpoint, renters should require

inspections before signing a lease. The City of Philadelphia adheres to the "Educational Housing District Law. Specifically, the law states that **"No student may live in an Educational Housing District in any dwelling which is in violation of the Zoning Code, including any dwelling in which more than three unrelated persons are living as a single household unit."** Anyone violating this rule may be subject to eviction. A full copy of the law is available at <http://www.phila.gov/> under chapter 9-2800 of the Philadelphia Code.

It is important for students to know that they are still under the University's Community Standards when off campus. The Standards can be found in the Student Handbook <http://www.sju.edu/studentlife/studentresources/communitystandards/index.html>.

The Office of Off-Campus Housing offers workshops that will help students learn about their rights and responsibilities as well as how to be a good neighbor in the community. In addition, we will have an Off Campus Housing Fair on November 18, 2008 in Simpson Hall from 11:30-1:00 pm. This fair will give students a chance to learn the pros and cons of living off campus and find available housing options. We will also provide information about the neighborhoods surrounding Saint Joseph's University, as well as city and campus services. Being well informed can help make a smooth transition to living off campus

Please feel free to visit (Campion Student Center Room 212), call (610-660-1003) or visit our website at www.sju.edu/student_life/och. It will help make off campus living at Saint Joseph's University a positive and rewarding experience.

Campus Ministry

Wolflington Center for Ministry Faith and Service • 610-660-1030

Weekly Service

Over 350 students have signed up to participate in Weekly Service activities. Weekly Service includes feeding the hungry, visiting the sick, tutoring children, visiting the elderly, and assisting the homeless. The students go to their selected site once or twice a week. They also participate in reflection dinners to discuss their experiences and reflect upon issues of social justice.

The Appalachian Experience March 6-14, 2009

In March approximately 300 students will spend their Spring Break living and serving in Appalachian communities. In preparation the students will meet throughout the school year to discuss social justice issues and learn about the people with whom they will be working. Students who have participated in earlier trips will share something of what they saw and learned. As with all service at Saint Joseph's University, there will be time for reflection. When they arrive at their destination their time there will consist of manual labor, evening reflections and discussions, cultural field trips and community living.

Services for Students with Disabilities

Office of Student Educational Support Services • Jim Scott, Director • 113 Science Center • 610-660-1774

This must be a challenging and even a frightening time in your parenting experience. After all from the moment your son or daughter was diagnosed with a "difference" you have been involved in their educational program (IEP); perhaps you had to challenge your local school districts to receive support services; petition ETS to receive extended time to take SAT's or confront OVR for financial support. Through experience you have learned to be an advocate for your child.

Now however, "It's Time to Let Go ... maybe just a Little". It's time for your son or daughter to become independent; to make decisions, and advocate for themselves – independently. I am certain that you have prepared them well for the challenge confident that they will do just fine while progressing through the college experience.

Keep in touch with your student but, don't prod; treat them as adults, respect their decisions'; provide encouragement, be understanding; and remember, "It's Time to Let Go ...maybe just a Little."

Student Athletes Earn Conference Awards

Athletic Department

Seven SJU student-athletes have earned Atlantic 10 Player or Rookie of the Week honors thus far this year. Kevin McDonnell (cross country), Kelly Swanick (field hockey) and Jimmy Bea (golf) have each earned the awards twice, while Krista Bordogna (field hockey), Anne Schreuders (field hockey), Ellen Rowe (field hockey) and Cara Critchlow (women's soccer) have been honored once this season.

Men and Women's Basketball Home Schedule Set

SJU Ticket Office at 610-660-1712 • www.sjuhawks.com

Due to the expansion and renovation of Alumni Memorial Fieldhouse all home basketball games this season will be played off campus this season. Saint Joseph's men's basketball will play all 14 home games at The Palestra. The Hawks' home schedule is: Rider (Nov. 14), Creighton (Dec. 6), Cornell (Dec. 22), Siena (Dec. 28), Drexel (Dec. 31) and Penn (Jan. 24). Atlantic 10 conference opponents visiting The Palestra will be: Rhode Island (Jan. 10); Charlotte (Jan. 18); Duquesne (Jan. 21); George Washington (Feb. 4); Temple (Feb. 12); Massachusetts (Feb. 22); Xavier (Feb. 26) and St. Bonaventure (March 1).

The Saint Joseph's women's basketball team will play the majority of its home games this season at the Gallagher Center at Philadelphia University. The Hawks open the year on November 16, hosting Lehigh, with the rest of the home schedule as follows: Villanova (Dec. 4); Akron (Dec. 14); Temple (Jan. 11); Richmond (Jan. 17); Xavier (Jan. 28); St. Bonaventure (Feb. 8); La Salle (Feb. 11); Charlotte (Feb. 21) and Massachusetts (Feb. 25). Saint Joseph's will also host the 18th Annual Hawk Classic on Dec. 28-29, and will take on Seton Hall (Dec. 22) in a doubleheader with the SJU men's team at The Palestra.

Complete schedules and ticket information for both teams, can be found at www.sjuhawks.com, or by calling the SJU Athletic Ticket Office at 610-660-1712.

We are excited to offer season tickets for Men's Home Basketball games to all SJU Parents. A full season ticket package will include all fourteen (14) home games at the Palestra and is available for only \$420 per seat.

If you are interested, please go to www.sjuhawks.com, click tickets on the left column and complete the ticket form. Once completed, please mail or fax it back to the ticket office at 610-660-2905 before November 3, 2008. Tickets will be distributed on a first come, first served basis, subject to availability.

For more information, you may call the SJU Ticket Office at 610-660-1712.

GO HAWKS!

SJU Campus Recreation Facilities

The Maguire Sports Complex • (610) 660-1703

The SJU Campus Recreation facilities, programs and activities are now fully operational on the new Maguire Campus!

The Maguire Sports Complex houses two hardwood basketball / volleyball courts, a pool, locker rooms, a multi-purpose room, and a large state of the art Fitness Center! The Fitness Center is also home to our full-time Fitness Coordinator, Kelly Halpin-Fisher. Kelly is available to help any student with a health / wellness / strength and conditioning plan. Call (610) 660-1533 or email khalpin@sju.edu.

The Maguire Campus also has numerous fields available for Intramural and Club activities. Intramural Flag Football and Volleyball are currently underway and the Basketball registration period is coming soon! For more Intramural information, contact the Intramural Office at (610) 660-2588.

For other Campus Recreation questions, please call (610) 660-1703.