

## A Day at the Park

by Kim Allen-Stuck, Ph.D., Director of Student Success • 610-660-1339 and stuck@sju.edu

Whether your student is in their first-year or a senior, the college experience can be compared to a day at a theme park. Throughout their time at SJU, your college student will seem to be waiting in line, or cruising around on the monorail, or riding the rollercoaster.

### Waiting in line provokes a lot of questions:

*I wonder what happens on the ride? Is the ride going to be worth the wait? I wonder if the ride is scary?* There is also some anxiety, and of course, there is waiting. There is only limited information until you have experienced the ride. The parallel to college is that the undergraduate experience is constantly unfolding and you have to wait to be able to evaluate the experience. What will I learn in this class? Can my advisor help me to get an internship? Will I be happy sharing a room with this person? As parents, you can provide some reassurance to be patient and encourage your student to ask the right questions. Sometimes you have to wait so see what happens.

### Cruising on the Monorail is slow steady progress:

Although you might not know where the monorail will take you, you know that it will give you an overview of the park and show you what you need to see. The parallel to college is when students are taking advantage of the resources available to them and making steady progress toward reaching their goals. It is a smooth ride. They might be involved in a club sport or community service; they may have found a professor or a subject area that they are passionate about. They are experiencing new things and learning more about the world and themselves. As a parent, it is an exciting time to listen to your student and discuss all that they are learning and feeling. Your son or daughter is evolving into the adult they want to be.

### Riding the rollercoaster has highs and lows, sharp turns and a sudden ending:

The lure of the rollercoaster is the thrill of the unknown. As the ride starts it usually begins with a slow journey up a hill and then everything cuts loose with lots of drops and turns. The ride is quick, with a lot happening in a short period of time. The parallel to college is when students experience difficulty; the build-up can be slow as issues begin to mount. Once the student hits the tipping point, the real ride begins and emotions are all over the place. There will be ups and downs, issues can seem insurmountable one minute and then forgotten the next. I received some great advice that I would like to pass on. When your student is riding the rollercoaster, it is best for you to stay on the ground. You cannot stop the ride or jump

on while it is going, but you can be there to give your student the confidence that you are watching and are there for them.

My intention is not to over simplify the college experience, instead I want to demystify it and say students will have lot of experiences while they attend college. Especially first-year students and their transitional issues can continue spring up throughout the year.

If you can prepare yourself as if you are going to be spending time at an amusement park and you anticipate the range of experiences and emotions, everyone will have a better time.

## Services for Students with Disabilities

Office of Student Educational Support Services  
113 Science Center • 610-660-1081

We are off to a very good start. The majority of students with documented learning or physical differences have provided documentation; we are determining appropriate reasonable academic adjustments for them and with student permission, professors have been notified. Students have been notified by email to call my office for appointments to discuss programs, services and accommodations.

To all parents – if you suspect that your son or daughter may have a learning difference, including ADD & ADHD, have them contact Jim Scott at 610-660-1774, or email Jim at [jscott@sju.edu](mailto:jscott@sju.edu) for an appointment. He will discuss with them documentation requirements, programs, services and how we can help them achieve to their full potential.

## Mass of the Holy Spirit

Campus Ministry

Wolfington Center for Ministry Faith and Service • 610-660-1030

On the morning of September 15, 1851, some 30 young men gathered in the courtyard outside St. Joseph's Church located in Willing's Alley off Walnut and Fourth Streets, one block from Independence Hall. After attending Mass and reciting the *Veni Creator* (Come Holy Spirit) in the Church, these young men were assigned to their classes in a building adjacent to the church. That September morning marked the beginning of a rich and exciting history for Saint Joseph's University. Although the University has changed locations over the past century and a half, the Mass of the Holy Spirit has remained a rich tradition throughout the university's history. Each September this event inaugurates the academic year. This year we will celebrate the Mass of the Holy Spirit on September 16. The liturgy will be followed by a picnic lunch and a blessing of the Maguire Campus.

## LITURGY SCHEDULE

DAILY  
Monday – Friday 12:05PM  
Monday – Wednesday 10:00PM

WEEKEND  
Sunday 11:00AM  
8:00PM & 10:00PM  
(Both with Student Choir)

Sacrament of Reconciliation  
In Chapel  
Wednesday 3:00 – 4:00PM  
9:00 – 10:00PM

Or by Appointment  
Jesuit Residence Loyola Center  
610-660-1400

## Freshmen ESCAPE Retreat Campus Ministry

Freshmen ESCAPE is a 24 hour gateway experience into what college life is like at Saint Joseph's University. It is an opportunity for first year students to meet people, learn how to get involved on campus and successfully make the transition from high school to college. What ever direction your student wants to take, the ESCAPE Retreat can point him or her in the right direction. ESCAPE I Oct. 3-4 and ESCAPE II Oct. 4-5. Students should contact Campus Ministry to register.

## Athletics and Recreation Department

Maguire Campus • 610-660-1703

This will be an exciting year at Saint Joseph's and there are a number of physical changes that you may have noticed when you helped your student move back to campus. Alumni Memorial Fieldhouse is undergoing an extensive renovation; Finnesey Field (pictured below) has been resurfaced; there have been renovations to the Campion Student Center and the Science Center parking lot has become Newman Lawn. However, the University's acquisition of the Maguire Campus is a change that may require the biggest adjustment in our daily routine, but it will provide more recreational, intramural and fitness space for your student's use.

Currently, the main fitness center in the Fieldhouse is open for use, along with the pool, two racquetball courts and one multi-purpose court. Applications for Intramurals are also available at the main desk of the Fieldhouse.

On Maguire Campus the two City Avenue Fields and the Berwick Road Field are available for immediate recreational use. The new fitness center, two gyms, the pool and locker rooms at Maguire will be opening this week.

Maguire Sports Complex & Fieldhouse Hours of Operation	
Monday – Thursday	7:00AM – 10:30PM
Friday	7:00AM – 9:30PM
Saturday	12:00PM – 7:30PM
Sunday	12:00PM – 9:30PM
Monday – Friday (Pool)	7:00AM – 9:00PM



## Family and Alumni Weekend

Office of Development and Alumni Relations • 610-660-3467

You're invited to Saint Joseph's University **Family and Alumni Weekend featuring Reunion Celebrations**. Experience the SJU campus through a variety of activities including faculty lectures, student panels, family fun activities, student activities fair, family liturgies, and more.

We will celebrate **Reunion Weekend** for Hawks from the classes of 1963, 1968, 1973, 1978, 1983, 1988, 1993, 1998, and 2003. We hope to see you on campus to enjoy the many activities we have planned on Hawk Hill, including the [Ribbon Cutting](#) for the new James J. Maguire '58 campus. For more information contact Margot MacKay at 610-660-3467 or [mmackay@sju.edu](mailto:mmackay@sju.edu) or visit the website at [www.sju.edu/familyandalumniweekend](http://www.sju.edu/familyandalumniweekend).



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